

Comparison Guide: Positive Expiratory Pressure Therapy Systems

Make an Informed Decision on Options for Respiratory Care



	Acapella Choice™ Blue Vibratory PEP Therapy System	Aerobika® Oscillating PEP Therapy System
Intended patient parameters	Minimum of ≥ 15 liters per minute	10 liters per minute ¹
Clinically supported evidence	Included in multiple peer reviewed papers: Acapella OPEP therapy—Google Scholar .	Included in multiple peer reviewed papers: Aerobika OPEP therapy—Google Scholar .
Option to connect nebulizer for combined treatment	Can be used with a nebulizer for combined therapy.	Can be used with a nebulizer for combined therapy. ¹
Adjustable resistance settings	Adjust the dial with an audible click on each setting. A total of 20 variable resistance settings to allow for the fine tuning of resistance level.	Resistance can be increased by moving the indicator to the left. To reduce resistance, move the indicator to the right. ¹ A total of 5 variable resistance settings to allow for the fine tuning of resistance level. ¹
Disassembly and reassembly	Disassembles into 4 parts	Disassembles into 4 parts ¹
Cleaning and disinfecting methods	Cleaning: soap and water or dishwasher Disinfecting: boiling and 70% isopropyl alcohol soak	Cleaning: soap and water or dishwasher ¹ Disinfecting: boiling, microwave steam bag and 70% isopropyl alcohol soak, hydrogen peroxide and bleach ¹
Techniques for use	The magnetic rocker assembly allows effective therapy in any position—sitting, standing, reclining, and Trendelenburg.	Recommended that treatments be done in a comfortably seated position. ¹
Design and manufacturing	In the USA	In Canada ¹

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